Mission Statement

We are committed to helping and providing all individuals and families with the best of services to enhance, grow and maintain a high quality of life. The needs of each and every individual we serve are first and foremost. We strive on the belief that all individuals should receive the best services regardless of any factors.

Did you know.... 1 out of every 5 adults in the U.S. experience mental health challenges in any given year. 1 out of every 7 adults in the U.S. experience addiction at some point throughout their lifespan.

National Recovery Month increases awareness and understanding of mental health and substance use disorders and encourages individuals in need of treatment and recovery services to seek help. Recovery Month celebrates individuals living their lives in recovery and recognizes the dedicated workers who provide the prevention, treatment, and recovery support services that make it possible. When we celebrate our connections to the diversity of people from all walks of life striving for recovery, we find support and courage to speak up for inclusion, respect, and opportunity. Behavioral health is an essential component to overall health, prevention works, treatment is effective, and people can and do recover. Let’s celebrate the millions of people in recovery from mental health and substance use disorders!

SEPTEMBER IS...

NATIONAL RECOVERY MONTH

EVV is a method used to verify visit activity for services delivered as part of home- and community-based service programs. EVV offers a measure of accountability to help ensure that individuals who are authorized to receive services in fact receive them. Stay tuned for more details and trainings!

Could you use some extra cash? By using the company’s awesome ERP program, you could earn extra money! See your office manager or contact Ms. Shannon at the corporate office (910) 865-3500 for details.

Welcome our new staff!

Teoshia Condery – Tarboro OM
Nefesha Andrada – Lexington OM
Sontelle Gervin – Goldsboro OM
Morgan Trotter – OM Assistant Floater

Kaitlyn Collins – Billing Specialist
Crystal Cogdell – Peer Support
Amelia Rembert – Burlington OM

COVID-19 INFORMATION FOR WORKERS

To remain protected during COVID, get in the habit of following these tips:
* Avoid contact with people who are sick
* Avoid touching your eyes, nose and mouth
* Cough or sneeze into a tissue, or your elbow if you don’t have tissues
* Use a hand sanitizer with at least 60% alcohol
* Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, sneezing or coughing
* Stay at least 6 feet apart from others
* Always wear a face covering when around others

Human Rights Committee Meeting

A virtual Human Rights Committee meeting was held on July 23rd. Please see the HRC Flyer and Agenda on the agency website www.primaryhealthchoice.org.
Accreditation has been issued for Primary Health Choice, Inc. through February 28, 2021.

September 10th is a time to remember those affected by suicide, to raise awareness, and to focus efforts on directing treatment to those who need it most. Suicide is not inevitable for anyone. By starting the conversation, providing support, and directing help to those who need it, we can prevent suicides and save lives. Evidence shows that providing support services, talking about suicide, reducing access to means of self-harm, and following up with loved ones are just some of the actions we can all take to help others.

Know the Warning Signs
Some warning signs may help you determine if a loved one is at risk for suicide, especially if the behavior is new, has increased, or seems related to a painful event, loss, or change. If you or someone you know exhibits any of these, seek help by calling the Lifeline.

- Talking about wanting to die or to kill themselves
- Looking for a way to kill themselves, like searching online or buying a gun
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about seeking revenge
- Extreme mood swings

ATTENTION EVERYONE—CARF IS COMING!
Please be mindful that CARF is coming soon! Please remember that you are each responsible for cleaning your own office space and assisting with cleaning the common areas of the office as well. Remember to remove any consumer/patient information from your desk or flip it upside down so that names are not visible. Contact Crystal O., Tamara or Alice with any questions.